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The figures in the Appendix can be cut out and used as pedagogical tools.

## For users of this book

What a wonderful journey awaits you! Music brings much joy in our lives. Learning to play an instrument will deepen the understanding of not only music but of art and beauty in general. It teaches the value of perseverance, of setting and achieving goals, and greatly improves concentration.

The journey may be long and sometimes challenging but it need not be tedious. It is possible to learn in a creative, fun and gratifying way. Learning to play the viola requires regular practise but this can be done without pressure or fear of mistakes. Let us play and explore, be curious and creative together. You will see that learning and discovering new skills will inspire and motivate children and ultimately makes them work harder and grow more confident.

Pirkko Simojoki



























