

TABLE OF CONTENTS

I. INTRODUCTION	2
Seven hand positions and tone-sets	2
Scales in eight positions	4
Arpeggios on four strings and in eight positions	6
Fingerings in first and fourth positions	7
Why do we need fourth position?.....	8
Feel comfortable in fourth position	10
Stopping fingers in succession	11
Stationary base finger	12
Stopping position of the base finger	13
Extensions in fourth position	14
II. READ AND PLAY IN FOURTH POSITION	15
Fourth position studies in various keys	15
Duos in fourth position	27
Easy performing pieces in fourth position	32
III. SHIFTING BETWEEN FIRST AND FOURTH POSITIONS	34
Shifting on the same note	34
Shifting after open string.....	36
Shifting with the same finger	38
Shifting from lower finger to higher finger.....	41
Shifting from higher finger to lower finger.....	44
Performing piece in first and fourth positions	46
IV. SHIFTING BETWEEN FIRST, SECOND, THIRD AND FOURTH POSITIONS	48
Shifting on the same note	48
Shifting after open string	50
Shifting with the same finger	52
Shifting from lower finger to higher finger.....	55
Shifting with last finger and shifting with extension	56
Shifting from higher finger to lower finger.....	58
Studies in four positions	60
Chromaticism in fourth position	61
Duos in four positions	64
Performing pieces in four positions	70
V. DOUBLE-STOPS IN FOUR POSITIONS	80
Seconds with double-stops.....	80
Major in minor scales in thirds, sixths and octaves	81
Artificial harmonics	85
Studies with double-stops	87
Duos with double-stops	90
Excerpts with double-stops.....	92
Performing pieces with double-stops	94
VI. INTRODUCTION TO LEFT-HAND PIZZICATO	98
Performing piece with left-hand pizzicato	101