

# TABLE OF CONTENTS

I. INTRODUCTION .....	2
Seven hand positions and tone-sets .....	2
Scales in eight positions .....	4
Arpeggios on four strings and in eight positions .....	6
Fingerings in first and fifth positions .....	7
Stationary base finger in fifth position .....	8
Stopping fingers in succession in fifth position .....	9
Fifth position extends the tone-set .....	10
Colours and timbres in fifth position .....	12
Feel comfortable in fifth position .....	17
Extensions in fifth position.....	18
II. READ AND PLAY IN FIFTH POSITION .....	20
Studies in fifth position .....	20
Duos in fifth position .....	24
Easy performing piece in fifth position .....	27
III. SHIFTING BETWEEN FIRST AND FIFTH POSITIONS .....	28
Shifting on the same note with the same finger after open string .....	28
Shifting with the same finger on the same string .....	29
Shifting from lower finger to higher finger.....	30
Shifting from higher finger to lower finger.....	32
Duo in first and fifth positions .....	34
IV. SHIFTING BETWEEN FIVE POSITIONS .....	36
Shifting with convenient fingerings in various keys .....	36
Studies in five positions .....	39
Excerpts from the literature .....	46
Duos in five positions .....	52
Performing pieces in five positions .....	56
V. DOUBLE-STOPS IN FIVE POSITIONS .....	76
Octaves in five positions .....	76
Artificial harmonics .....	77
Studies with double-stops .....	80
Duo with double-stops.....	84
Excerpts from the literature .....	86
Performing pieces with double-stops .....	90
VI. APPENDIX .....	102
Preparatory exercises .....	102