

Duration: ca. 15 min.

Premiered by the Latvian Radio Choir, conductor Kaspars Putniņš, November 19, 2022 during the Baltic Music Days festival in Kaunas, Lithuania.

Commissioned by the Lithuanian National Radio for the Latvian Radio Choir and Baltic Music Days 2022.

COMPOSER'S NOTE

Aletheia is variously translated from Greek as "unconcealedness", "revealing" or "unclosedness". It is uncovering of the Truth - the one we are afraid to face, the truth that can only be expressed directly through the pre-verbal communication. How do you find words for the horrors of the war, for all unimaginable global atrocities? How do you even allow yourself to feel it out? Solely through art, through music that offer a safe space and a formalized framework for processing these accumulated complex emotions and sharing them with others in a moment. This piece has no verbal text and it is based on various combinations of vowels and consonants, thus connecting us on a deeper level through the immediate emotional experience.

The war in Ukraine in spring of 2022 had an impact on all of us and shattered my deeply rooted Lithuanian identity. When the freedom is threatened and innocent people are dying, it is hard to make sense out of the reality. Yet there is poetry even in the worst nightmares. I was imagining that the only instrument people have even in situations of destruction, in the midst of the war, is their VOICE. It brought back memories of my youth when "Singing revolution" was taking place in the Baltic countries. Human voice was the only weapon that people used to express their determination for freedom and independence. Voice is our first and the very last instrument we have in our lifetime. Thinking in these terms brings almost a sacred dimension to the voice as an expression of the life itself - from the very first baby's scream until the last breath and whisper.

The title for this piece originated from the etymology of the word "Aletheia" that I encountered in Lewis Hyde's book "A Primer for Forgetting". The description here reveals: "Forgetfulness in Greek, in *lethe*, in turn related to *letho* (I escape notice, I am hidden) ultimately from Proto-European *leh* (hide). The private or negative form of this word a-*lethe* or *aletheia* is the Greek word usually translated as "truth", the truth then being a thing uncovered or taken out of hiding. In terms of mental life, all that is available to the mind is *aletheia*; what is not available is for some reason covered, concealed, hidden."

GENERAL INSTRUCTIONS:

hand tremolo
 $+ 0 + 0 + 0 + 0 + 0$

p *mp*

p *mf*

mmuu mmoo mmaa mmii mmay

p *mf*

o y o y yo yo

Hand tremolo over the effect and slowing of "wa" sound mimicking the overtone singing. Sing it while pronouncing indicated

Hand tremolo over the mouth is performed in free rhythm, accelerating to emphasize the effect and slowing down at the end. This effect can be replaced by the nasal "wawa" sound mimicking the tremolo and its variable speeds.

overtone singing. Sing it on a single breath, listening to the occurring overtones and pronouncing indicated syllables in free rhythm.

yo yo yo yo - an oscillation of a single sound performed accelerando without precise rhythm. Sing it on one breath as an unbroken repetition of one sound with varying speed.



Re-emphasize the tone (diaphragm accent).

Ad libitum section (rehearsal letter K) with multiple glissandos and the following quiet section (rehearsal letter L) can be prolonged or shortened a bit depending on the situation and the organic flow of the music. The conductor has freedom to decide what is most relevant in each case.

Pitchless "shh" sound - like a gentle wind or an air noise.

Pronunciation of vowels:

a, e, i, o, u as in the Italian language

æ as in "aerial"

y as in "yard"

ha as in "have". Pronounce it with strong aspiration.

mmuu-mmoo-mmaa-mii-mmay-mmee

gradually changing vowels and syllables from closed position to more open to produce overtones.

o-i-o-i, a-i-a-i slur both vowels and pronounce them without any break.

o-yo-yo-yo stress the first vowel and continue with accelerating repetition of "yo" as in "yoga".

ALETHEIA

ŽIBUOKLĖ MARTINAITYTĖ (2022)

Pensively, with melancholy
 $\text{♩} = 70$

Soprano 1

Soprano 2

Soprano 3

Soprano 4

Alto 1

Alto 2

Alto 3

Alto 4

Tenor 1

Tenor 2

Tenor 3

Tenor 4

Bass 1

Bass 2

Bass 3

Bass 4

11

A

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

22

S.1 *mp* *mf* *mp* *mp*

S.2 *p* *mm* *mm* *mm*

S.3 *mp* *mp* *mp* *mp*

S.4 *mp* *mm*

A.1 *mp* *p* *mm*

A.2 *p* *mm* *mm*

A.3 *mp* *p* *mm* *mm*

A.4 *mp* *p* *mm* *mm*

T.1 *p* *mm* *u* *mm*

T.2 *p* *mm* *u* *mm*

T.3 *p* *mm*

T.4 *p* *mm*

B.1 *mm* *mp* *u*

B.2 *mm*

B.3 *mm*

B.4 *mm*

29

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

35 **B** With inner hope arising

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

C

mf ♩ = 60

poco rit. mp

S.1 i a a o u

S.2 i a i o u

S.3 i a a o u

S.4 i a i a o u

A.1 i a a o u

A.2 a i a o u

A.3 a i a o u

A.4 a i a o u

T.1 i a i o u

T.2 a i a o u

T.3 u a i a i o u

T.4 u a i a i o u

B.1 a ya ya o u

B.2 i ya ya o u

B.3 u a ya ya i o u

B.4 u a ya ya i o u

D Sonorously

J = 50

50 *pp* *mf* — *p* *mf* — *mf* — *mf* —

S.1 a - ya ya ya ya a o yo yo yo o a a a o

S.2 a - ya ya a o yo yo yo o a a a a

S.3 a ya ya ya a o yo yo yo a i a a a a

S.4 — ya ya ya a o yo yo o a a a o a

A.1 *pp* *mp* — *p* *mf* — *mp* — *mp* —

A.2 a ya ya o yo yo o o o o o

A.3 — a ya ya o yo yo o yo yo yo o o

A.4 a a ya ya o yo yo o o o

T.1 *pp* *mp* > *p* *mf* — *mp* —

T.2 — a ya ya o a ya ya a ya ya o o a

T.3 a o a a o i ya

T.4 a o a o i ya

B.1 *pp* *mp* — *p* *mf* — *mp* —

B.2 a ya ya ya ya o a o a o

B.3 *pp* *mp* — *p* *mf* — *mp* — *mf* —

B.4 — a ya o a o a o

E With despair

57

mf 3 *f*

S.1 *i* *a*

S.2 *a* *a*

S.3 *a* *a*

S.4 *a*

A.1 *o* *a* *a* *u*

A.2 *a* *a*

A.3 *a* *mf* *mf*

A.4 *o* *a* *mf* *mf*

T.1 *a* *a* *mf* *mf*

T.2 *o* *a* *i*

T.3 *o* *a* *i ya* *o i*

T.4 *a* *i* *i* *u*

B.1 *i ya* *a i u* *mf f* *mf* *i*

B.2 *i ya* *a i* *u i*

B.3 *i* *u* *mf*

B.4 *i* *u*

63

S.1

S.2

S.3

S.4

A.1 *mf*
mm

A.2 *f* *mf*
u mm

A.3 *f* *mf*
u mm

A.4 *f* *mf*
u mm

T.1 *f* *mf* *mp* *p*
u mm

T.2 *f* *mf* *mp* *p*
u mm

T.3 *f* *mf* *mp* *p*
u mm

T.4 *f* *mf* *mp* *p*
o u a mm

B.1 *f* *mf* *mf* *p*
u o u *f* *f* *mf* *mf* *p*

B.2 *u* *u o u o* *u o* *u* *u*

B.3 *f* *mf* *f* *mf* *p*
u *o u*

B.4 *mf* *f* *mf* *f* *mf* *p*
u *o u* *mm*

*On a single breath, listening to the occurring overtones.
Pronounce syllables in free rhythm.

90

S.1

S.2

S.3

S.4

A.1

p *mf*
hand tremolo
+ o + o + o + o + o + o + o + o +
wa wa wa

A.2

p *mf*
hand tremolo
+ o + o + o + o + o + o + o + o +
wa wa wa

A.3

mf
ha i ha a

A.4

mf
ha i ha a

T.1

mf
ha i ha o y o y yo yo yo yo yo yo yo yo yo yo

T.2

mf
ha i ha o

T.3

mp hand tremolo
+ o + o + o + o + o + o + o + o +
wa wa wa

T.4

mp hand tremolo
+ o + o + o + o + o + o + o + o +
wa wa wa

B.1

mf
ha i ya o p mp 3 i ae ae

B.2

mp hand tremolo
+ o + o + o + o + o + o + o + o +
wa wa wa

B.3

mp *mf*
ha i ya u p i

B.4

mp <
o a p mp 3 i ae ae

96

S.1

S.2 *mp*
mm

S.3 *mp*
mm

S.4 *mp*
mm

A.1 *mp*
mm

A.2 *p*
mp
mf

A.3 hand tremolo *mp*
+ o + o + o + o
wa

A.4 hand tremolo *mp*
+ o + o + o + o
wa

T.1 *mf*
yo yo yo yo yo yo yo—
ha *mp*
hand tremolo + o + o + o + o
wa

T.2 *mf*

T.3 *mp*
a ha ha

T.4 *mf*
a ha ha

B.1 *mp*
ha ha ha
mf
p
o

B.2 *mp*
ha ha ha
mf
mp
a

B.3 *mf*
hand tremolo + o + o + o + o + o + o + o
wa

B.4 *mf*
hand tremolo + o + o + o + o + o + o + o
wa

107

S.1 *mf* hand tremolo *mp*

S.2 *mp* *mf* hand tremolo *mp*

S.3 *mp* *mf* hand tremolo *mp* *mf*

S.4 *mp*

A.1 *mp* *mf* hand tremolo *wa* *wa*

A.2 *mp* *mf* hand tremolo *wa* *wa*

A.3 *mp* hand tremolo *p* *mf*

A.4 *mp* hand tremolo *wa*

T.1 *o* *wa*

T.2 *p* *mf*

T.3 *p* *mf* *mp* *mf*

T.4 *mp* hand tremolo *wa* *o* *ha* *ha*

B.1 *mp* *mf* hand tremolo *wa* *wa*

B.2 *mp* *p* *ha* *ha*

B.3 *mf* *mp* *mp*

B.4 *mf* *mp* *mp*

114 I With determination

$\text{♩} = 100$

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

The musical score consists of 16 staves, each representing a different voice part. The parts are grouped into four sets: Soprano (S.1 to S.4), Alto (A.1 to A.4), Tenor (T.1 to T.4), and Bass (B.1 to B.4). The music is in common time (indicated by '114' at the top left). The tempo is marked as $\text{♩} = 100$. The vocalizations 'ha' are placed under many of the notes. Large orange diamond-shaped patterns are overlaid on the music, highlighting specific groups of notes across the staves. These patterns appear in the Alto, Tenor, and Bass sections, often covering multiple voices and measures. The dynamics include *mezzo-forte* (mf), *forte* (f), *mezzo-forte* (mf), and *sforzando* (sf). Slurs are also present on several notes.

Like an uncontrollable force of nature

J ♩ = 110

poco accel.

121

S.1 ha ha ha ha a_i ha i_i_i_i_i ha ha

S.2 ha ha ha ha a_i ha i_i_i_i_i ha ha

S.3 ha ha ha ha i_i_i_i_i ha i_i_i_i_i ha ha

S.4 ha ha ha ha i_i_i_i_i ha i_i_i_i_i ha ha

A.1 ha ha ha ha a_i ha a_i ha ha

A.2 ha ha ha ha a_i ha a_i ha ha

A.3 ha ha ha ha - ha a_i ha ha

A.4 ha ha ha ha - ha a_i ha ha

T.1 ha ha ha ha ha a ha ha ha

T.2 ha ha ha ha ha a ha ha ha

T.3 ha ha ha ha ha a_i ha ha

T.4 ha ha ha ha ha a_i ha ha

B.1 ha ha ha ha - ha ha ha ha

B.2 ha ha ha ha ha a_i ha ha

B.3 ha ha ha ha a_i ha a_i ha ha

B.4 ha ha ha ha a_i ha ha ha

127

S.1 *mf* i i i i i ha *f* a i ha ha

S.2 *mf* i i i i i ha *f* a i ha ha

S.3 *mf* a i ha *f* i i i i i ha ha

S.4 *mf* a i ha *f* i i i i i ha ha

A.1 *mf* a i ha *f* a i ha ha

A.2 *mf* a i ha *f* a i ha ha

A.3 *mf* a i ha *f* a i ha ha

A.4 *mf* a i ha *f* a i ha ha

T.1 *mf* i i i i i ha *f* a i ha ha

T.2 *mf* i i i i i ha *f* a i ha ha

T.3 *mf* a i ha *f* i i i i i ha ha

T.4 *mf* a i ha *f* i i i i i ha ha

B.1 *mf* a i ha *f* a i ha ha

B.2 *mf* a i ha *f* a i ha ha

B.3 *mf* a i ha *f* a i ha ha

B.4 *mf* a i ha *f* a i ha ha

131

S.1 S.2 S.3 S.4

A.1 A.2 A.3 A.4

T.1 T.2 T.3 T.4

B.1 B.2 B.3 B.4

i i i i ha ae i ha ha

i i i i ha ae i ha ha

a i ha i i i i ha ha a i ha ha

a i ha i i i i ha ha a i ha ha

i i i i ha a i ha ha a i ha ha

i i i i ha a i ha ha a i ha ha

a i ha a i ha ha a i ha ha

a i ha a i ha ha a i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha a i ha ha a i ha ha

a i ha a i ha ha a i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha a i ha ha a i ha ha

a i ha a i ha ha a i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha a i ha ha a i ha ha

a i ha a i ha ha a i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha i i i i ha ha i i i i ha ha

a i ha a i ha ha a i ha ha

a i ha a i ha ha a i ha ha

137 *f*

S.1 ae i ha ae i ha ha i i i i i ha ha
f ae i ha ae i ha ha i i i i i ha ha
f ae i ha ae i ha ha i i i i i ha ha
f i i i i i ha i i i i i ha ha ae i ha ha
f i i i i i ha i i i i i ha ha ae i ha ha

A.1 i i i i i ha i i i i i ha ha a i ha ha
A.2 i i i i i ha i i i i i ha ha a i ha ha
A.3 a i ha a i ha ha i i i i i ha ha
A.4 a i ha a i ha ha i i i i i ha ha

T.1 i i i i i ha i i i i i ha ha i i i i i ha ha
T.2 i i i i i ha i i i i i ha ha a i ha ha
T.3 i i i i i ha i i i i i ha ha i i i i i ha ha
T.4 i i i i i ha i i i i i ha ha a i ha ha

B.1 a i ha a i ha ha i i i i i ha ha
B.2 a i ha a i ha ha i i i i i ha ha
B.3 i i i i i ha i i i i i ha ha a i ha ha
B.4 i i i i i ha i i i i i ha ha a i ha ha

poco accel.

148

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

K Chaotically.
Ad libitum. In free rhythm. Senza tempo

L Quietly, respecting silence ♩ = 60

158 25"-35"

S.1 shh *p*

S.2 shh *p*

S.3 shh *p*

S.4 shh *p*

A.1 shh *pp*

A.2 shh *pp*

A.3 shh *pp*

A.4 shh *pp*

T.1 shh *pp*

T.2 shh *pp*

T.3 pitchless *pp* shh *pp* shh

T.4 pitchless *pp* shh *pp* shh

B.1 pitchless *pp* shh *pp*

B.2 pitchless *pp* shh *pp*

B.3 pitchless *pp* shh *pp*

B.4 pitchless *pp* shh *pp*

M With inner fragility ♩ = 65

164

S.1
shh

S.2
shh

S.3
shh

S.4
shh

A.1
shh

A.2
shh

A.3
shh

A.4
shh

T.1
wa

T.2
shh

T.3
shh

T.4
shh

B.1
mm

B.2
mm

B.3
mm

B.4
mm

N Doloroso

170

S.1 *mp* — *mf* *p* — *mp*

S.2 *p* — *mf* *p* — *mp*

S.3 *p* — *mp* *p*

S.4 *p* — *mp* *p* — *yo-yo-yo-yo-yo-yo-yo*

A.1 *p* *mf*

A.2 *p* *mf* *p* — *mm*

A.3 *p* *mp* *p*

A.4 *p* *mp* *p*

T.1 *p* — *mp* *p* — *mm*

T.2 *p* — *mp* *p* — *mm*

T.3 *p* — *mp* — *p* — *mm*

T.4 *p* — *mp* *p* — *mm*

B.1 *p* — *mp* — *p* — *mm*

B.2 *p* — *mp* — *p* — *mm*

B.3 *p* — *mp* — *p* — *mm*

B.4 *p* — *mp* — *p* — *mm*

177

S.1 *mp*

S.2 *mp* *mf*

S.3 *mp* *mf*

S.4 *mf* *mf*

A.1 *mf* *mf* *mp*

A.2 *mf* *mp*

A.3 *mp* *mf* *mp*

A.4 *mp* *mf* *mp*

T.1 *mp* *p*

T.2 *mp* *p*

T.3 *mp* *p*

T.4 *mp*

B.1 *mp* *mp* *mp*

B.2 *mp* *mp* *mp*

B.3 *mp* *mp*

B.4 *mp* *mp*

i i
i i a i
o a i
a a
a i o
o i o
mm o o i o u
mm i o i u
a
o
a
o
u
u
o u o
o u o
u
u
u
u
u
u
u
u

O

183

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

P

191 *mp*

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

196

S.1 *mf*

S.2 *mf*

S.3 *mp* *mf*

S.4 *mf*
3 *mp* *mf*

A.1 *mf*
5 *mp*

A.2 *mf*
5 *mp*

A.3 *mf*
u *mf*
u a i i

A.4 *mf*
mp *mf*
u i o i

T.1 *mp*
mf
u i

T.2 *mp* *mf*
o u i

T.3 *mp*
mf
u i

T.4 *mp*
mf
u i

B.1 *mf*
mp

B.2 *mf*
mp

B.3 *mp*
mf

B.4 *mp*
mf
mp

Q With inner unease building up

202

$\text{♩} = 75$

S.1

S.2

S.3

S.4

A.1

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

With inner unease building up

$\text{♩} = 75$

poco rit.

209 *mp* *mf* *mf* *f* *f* *mp*

S.1 mm u o a u mm

S.2 u o a u mm

S.3 o u a u mm

S.4 o a u mm

A.1 o u o u o

A.2 o u i u o a u mm

A.3 u i u o u mm

A.4 u i u o u mm

T.1 o u o o

T.2 u o u o a u mm

T.3 o a u mm

T.4 u a u mm

B.1 a i o a a mm

B.2 a a a u

B.3 a i o i a a u

B.4 a i o i f a u

R Con belleza.
With tendern

With tenderness, fragility and ecstatic slowness

$$216 \quad \text{♩} = 55$$

$\text{♩} = 55$

Solo

S. *mf* *espress.*

S.1

S.2

S.3

S.4

A.1 *solo* *mf* *espress.* *p*

A.2

A.3

A.4

T.1

T.2

T.3

T.4

B.1

B.2

B.3

B.4

T Morendo. Gently dissolving into silence

231 $\text{♩} = 45$

poco rit. $10'' - 15''$

S.1

S.2

S.3

S.4

A.1 solo mp express. a i ya.

A.2 solo mp express. o yo

A.3 p hand tremolo wa

A.4 solo mp express. a i a

T.1

T.2

T.3

T.4

B.1

B.2 u mm

B.3 mp pp

B.4 u mm